

GROUP RIDING

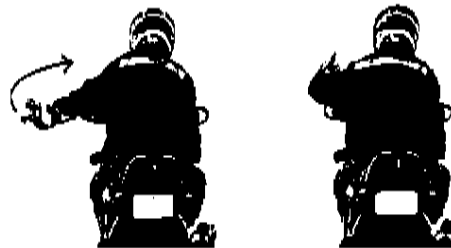
Hand signals are a useful tool to keep the group aware and cohesive on the roadway. Each rider in the group should be familiar with the hand signals. Hand signals should be given by the Road Captain or group leader, and passed back thru the ranks by each rider so that all riders in the group are aware of any upcoming potential hazards or maneuvers. Your group is free to determine its own set of signals, but here is a review of some commonly used ones.

Hand Signals

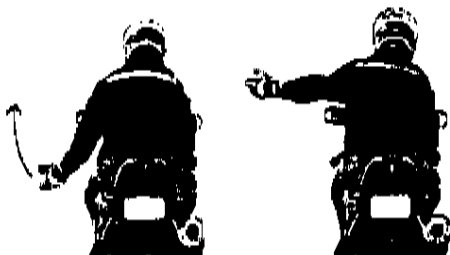
Stop - arm extended straight down, palm facing back



You Lead/Come - arm extended upward +45 degrees, palm forward pointing with index finger, swing in arc from back to front



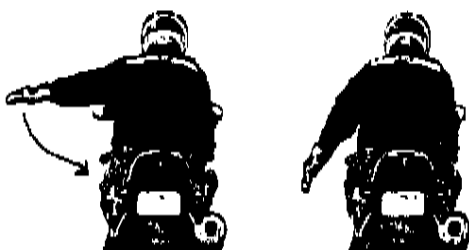
Speed Up - arm extended straight out, palm facing up



Follow Me - arm extended straight up from shoulder, palm forward



Slow Down - arm extended straight out, palm facing down



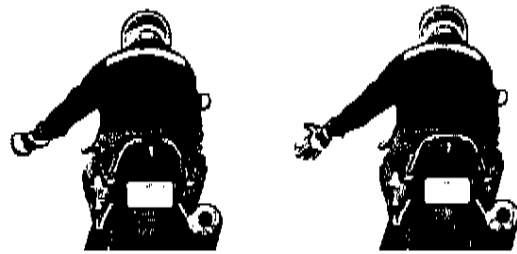
Single File - arm and index finger extended straight up



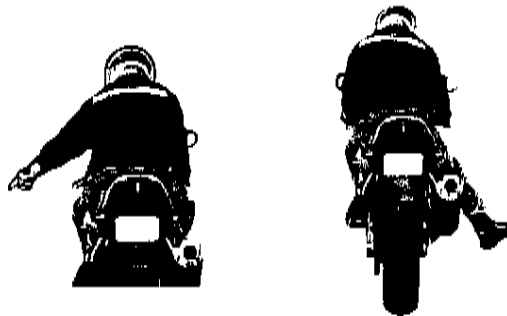
Double File – arm with index and middle finger extended straight up



Turn Signal On – open and close hand with fingers and thumb extended



Hazard in Roadway – on the right, point with right foot; on the left, point with left hand



Fuel – arm out to side pointing to tank with finger extended



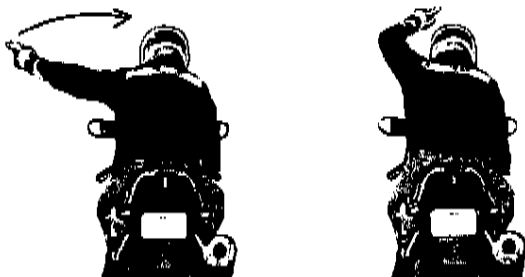
Highbeam – tap on top of helmet with open palm down



Refreshment Stop – fingers closed, thumb to mouth



Pull Off – arm positioned as for right turn, forearm swing toward shoulder



Comfort Stop – forearm extended, fist clenched with short up and down motion

